

# Guidepost

## TRI-VALLEY CENTRAL SCHOOL BOARD OF EDUCATION TELEPHONE NUMBERS:

Mr. Keith Stryker, President--845-641-1865

Mr. Timothy Dymond Vice-President--845-985-2098

Mr. Brent Clarke--845-985-7951

Mr. George Dean--845-985-7866

Mr. Travis Hartman--845-798-9962

Mr. Patrick Kelly--845-985-2571

Mr. Randall McGregor--845-985-7096

Mrs. Danielle Penney Stroop--315-382-5994

Mrs. Rose Woods--845-665-6444

**Web Address: [www.trivalleycsd.org](http://www.trivalleycsd.org)**

**To check daily activities—[www.trivalleycsd.org](http://www.trivalleycsd.org) and click on Calendar**

**Vol. LXII No. II**

**November 10, 2022**

### **Superintendent's Message**

Dear Tri-Valley Families,  
November, 2022

What an exciting fall at Tri-Valley! There are so many great things happening in our district and our students have very successfully completed their first marking period for the 22-23 school year! Students have excelled in their daily learning and responsibilities as well as in their extra curricular activities. I am proud to share that our students have represented our district with pride, and sportsmanship while holding themselves to the highest standards in their performances.

As we head into the winter months, we wanted to share with you where you can find information about any closings, delays or early dismissals. Please note: as always, you are the best judge for your students when it comes to traveling on challenging road conditions. If you do not feel it is safe for your student to travel to school during inclement weather, you have the right to make that decision.

### **Closings, Delays and Early Dismissals**

Television and Social Media Pages for closings, delays and early dismissals

\* [www.trivalleycsd.org](http://www.trivalleycsd.org)

\* [facebook.com/trivalleycsd](https://facebook.com/trivalleycsd)

\* [@TVCSDEch](https://twitter.com/TVCSDEch)

\* [http://hudsonvalleypost.com](http://http://hudsonvalleypost.com)

\* Spectrum news

\* School Messenger Call or email

Radio Stations for closings, delays and early dismissals

\* WSUL-98.3

\* WVOS-95.9

\* WJFF-90.5

\* WRWD- 1370 AM and 107.3 FM

\* KISS-FM-96.1/PP.3

\* STAR-93.3

\* LITE- 92.1

\* COOL- 92.9

\* WPDH- 101.5/106.1

\* WRRV- 92.7/96.9

\* WKXP- 94.3

\* WCZX MIX 97-97.3/97.9

With Bear Pride,

Erin P. Long, Superintendent of Schools

Tri-Valley Central School District

34 Moore Hill Road

Grahamsville, NY 12740

845-985-2296 ext. 5101

[erinlong@trivalleycsd.org](mailto:erinlong@trivalleycsd.org)

## **AHERA COMPLIANCE ACTIVITIES**

AHERA is a federal law enacted in 1987, which requires all school districts to re-inspect facilities for asbestos containing building materials. The District's AHERA Management Plan is available for your review in the District Office. If you have any questions or concerns in this regard, feel free to contact Robert Whitaker, Assistant Superintendent for Finance and Human Resources at 845-985-2296 x 5201.



**Straw Blower up for Bid...please contact  
Jesse Bell if interested.**





Register Now

# 5 hour Pre-Licensing Class for Permit Holders

at the Daniel Pierce Library

DMV approved class and mandatory for  
unlicensed students 16 and up looking to get  
their license. Students must hold a  
NYS "photo" permit to attend.



## Saturday, December 3, 2022

10:00 a.m. - 3:00 p.m.

Snow Date: Saturday, December 10th

Looking to get your license? This 5 hour DMV approved course will provide you with a certificate good for 1 year. Brought to you by J & J Driving School, instructed and owned by Jerome and La June Black with over 25 years experience. Class fee is \$45 per student. To secure registration submit checks to DPL payable to J & J Driving School prior to class date. Please stop in to the library today or visit our website to register. Space is limited.



- \* Become a safe driver
- \* No test required to complete
- \* Get certificate valid for 1 year
- \* Gain confidence
- \* Photo permit required day of
- \* Additional course information to follow upon payment & registration

Please  
bring your  
lunch!

For more information go to [www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)



Daniel Pierce Library  
328 Main Street | P.O. Box 268  
Grahamsville, New York 12740-0268 | 845-985-7233

# ***A Cup and Conversation***

***Come grab a cup of coffee or tea and relax with us!***



**Hosted by library director, Jen Thomas**  
**Tuesday Morning, November 8, 2022**  
**10 a.m. - 11 a.m.**



HEAP season is upon us and so is the cold winter weather. The Home Energy Assistance Program is set to begin soon.

Join us to learn more about the program and how to apply. HEAP helps with any heating source including: oil, gas, electric, wood, or pellet.



## **Daniel Pierce Library**

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Grahamsville, New York 12740-0268 | 845-985-7233  
[www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)

# "Adventure in the Air" Director's Challenge

?  
An "Adventure in the Air" challenge will be hosted by Library Director, Mrs. Thomas. All participants of this challenge will be eligible for a prize drawing. What do weight, lift, thrust, and drag have in common?

**Students in Grades 1 – 6**

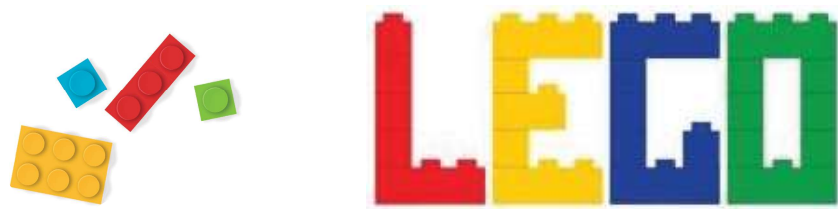
Advanced online registration is required at [www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)  
Parents and guardians are responsible for making arrangements for transportation. If you wish for your child to take the bus from school, please send a note to the elementary office no later than the Monday before the program. Thank you.

New  
Date  
&  
Time

**Wednesday, November 16, 2022**  
**3 – 4:30 p.m.**



P.O. Box 268 • 328 Main Street • Grahamsville, NY 12740  
845-985-7233 • [dpl@rcls.org](mailto:dpl@rcls.org) • [www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)



# FALL FUN AT THE DANIEL PIERCE LIBRARY

## GRADES 2-3

THURSDAY, NOVEMBER 10, 2022  
3:00 P.M. TO 4:30 P.M.

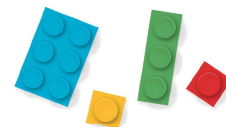
### LEGO TOWER

Every now and then we love to break out all the LEGO® and build a LEGO® Mega Tower! How high of a LEGO® tower can you build? As tall as yourself? Join us and let's see!

After-school refreshments will be provided.

Advanced online registration is required at  
[www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)

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[www.danielpiercelibrary.org](http://www.danielpiercelibrary.org)



All blood types needed.



American  
Red Cross



## **Daniel Pierce Library Blood Drive**

**328 Main street  
Grahamsville, NY 12740  
Held in the Community Room**

**Thursday, November 17, 2022  
2:00 p.m. – 6:00 p.m.**

**Walk-Ins Welcome - Appointments Preferred!**

**PLEASE EAT WELL ~ HYDRATE DRINK PLENTY OF WATER ~ BRING ID**

**Save Time (day of drive) Go to [Redcrossblood.org/rapidpass](https://redcrossblood.org/rapidpass) available on  
Mobile Devices**

**Please call 1-800-Red-Cross or visit [redcrossblood.org](https://redcrossblood.org) to schedule your life-saving  
appointment.**





# Welcome to our Breakfast Cafe



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

## November 2022

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1 Red. Sugar Cinnamon Toast Crunch Cereal   
Applesauce  
100% Apple Juice  
1% Milk

2 Maple Mini Waffles   
Apple Slices  
100% Apple Juice  
1% Milk

3 Fudge Pop Tart  
Fresh Banana  
100% Apple Juice  
1% Milk

4 Cinnamon French Toast   
100% Apple Juice  
1% Milk

7 Apple Cinnamon Muffin   
Apple Slices  
1% Milk

8 Cheerios Cereal   
Strawberry Cup  
100% Apple Juice  
1% Milk

9 Strawberry Mini Bagel   
Fresh Orange  
100% Apple Juice  
1% Milk

10 Honey Whole Wheat Bagel   
Fresh Apple  
100% Apple Juice  
1% Milk



14 WG Chocolate Chip Muffin   
Fresh Banana  
100% Apple Juice  
1% Milk

15 Reduced Sugar Trix   
Apple Slices  
100% Apple Juice  
1% Milk

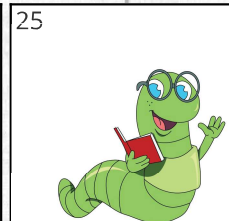
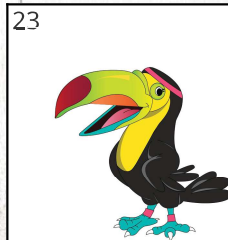
16 Maple Mini Waffles   
Fresh Orange  
100% Apple Juice  
1% Milk

17 Strawberry Pop Tart Plums  
100% Apple Juice  
1% Milk

18 WW Honey Bun   
Fresh Banana  
100% Apple Juice  
1% Milk

21 WG Blueberry Muffin   
Diced Peaches  
100% Apple Juice  
1% Milk

22 Cheerios Cereal   
Diced Peaches  
100% Apple Juice  
1% Milk



28 Cinnamon French Toast   
Strawberry Cup  
100% Apple Juice  
1% Milk

National French Toast Day!!

29 Red. Sugar Cocoa Puffs Cereal   
Applesauce  
100% Apple Juice  
1% Milk

30 Mini Cinnamon Rolls   
Apple Slices  
100% Apple Juice  
1% Milk

## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



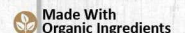
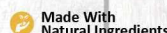
### Breakfast Prices

STUDENTS \$1.95  
Adults \$3 plus tax  
Breakfast is served in cafeteria from 7:20am-8am.

### Available Daily

All reduced sugar cereal & NutriGrain bars are all served with graham crackers. Every breakfast comes with low fat milk, 100% juice and fruit.

If you have any questions please contact Daisy Padua at [paduad@whitsons.com](mailto:paduad@whitsons.com)







# Welcome to our Lunch Cafe



In an effort to reach our goal of 10% plant based offerings by 2024, Whitsons has partnered with the Humane Society of the US to bring you new plant based entrees through our new Veggabols promotion.



THE HUMANE SOCIETY OF THE UNITED STATES

## November 2022

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1 New Yorker Dog 🍔  
Baked Beans  
Ham & Cheese Sandwich P  
Fresh Baby Carrots  
Blueberries  
1% Milk

National Author's Day!!

2 Chicken Nuggets  
Brown Rice Pilaf  
Chickpea Salad  
Fruity Granola Parfait  
Celery Sticks  
Diced Pear Cup  
1% Milk

3 Roasted Turkey with Gravy  
Fluffy Mashed Potatoes  
Sweet Corn  
Ham & Cheese Sandwich P  
Celery  
Cinnamon Applesauce  
1% Milk

4 Classic Cheese Pizza 🍕  
Muffin Lunch 🍌  
Side Garden Salad  
Fresh Baby Carrots  
Strawberry Cup  
1% Milk

7 Grilled Cheese Sandwich 🍷  
Green Beans  
Peanut Butter & Jelly Sandwich 🍌  
Celery Sticks  
Diced Pear Cup  
1% Milk



8 Nachos Grande  
Baked Beans  
Ham & Cheese Sandwich P  
Cucumber Coins  
Fresh Apple  
1% Milk

9 Homemade Pasta & Meatballs 🍝  
Buttered Corn  
Bagel Lunch  
Fresh Baby Carrots  
Diced Peaches  
1% Milk

10 Classic Cheese Pizza 🍕  
Turkey & Cheese Sandwich  
Side Garden Salad  
Fresh Orange  
1% Milk



National Sundae Day!

14 Cheesy Stuffed Bread Sticks 🍷  
Sweet Corn  
Peanut Butter & Jelly Sandwich 🍌  
Cucumber Coins  
Diced Peaches  
1% Milk



National Family PJ Day!

15 Meatball Hero  
Green Beans  
Muffin Lunch 🍌  
Fresh Baby Carrots  
Fresh Apple  
1% Milk

16 Cheesy Chicken Sandwich  
Glazed Carrots  
Turkey & Cheese Sandwich  
Celery Sticks  
Cinnamon Applesauce  
1% Milk

17 Classic Cheese Pizza 🍕  
Side Garden Salad  
Ham & Cheese Sandwich P  
Fresh Baby Carrots  
Fresh Banana  
1% Milk

18 Chicken Nuggets  
Brown Rice  
Steamed Broccoli  
Bagel Lunch  
Celery Sticks  
Fresh Apple  
1% Milk

HALF DAY!!

21 Homemade Mac & Cheese 🍷  
Green Beans  
Peanut Butter & Jelly Sandwich 🍌  
Celery Sticks  
Diced Pear Cup  
1% Milk



22 Herb Roasted Chicken  
Rice & Beans  
Turkey & Cheese Sandwich  
Cucumber Coins  
Fresh Orange  
1% Milk

23 SCHOOL CLOSED TODAY  
National Eat a Cranberry Day!



25 SCHOOL CLOSED TODAY

28 Mozzarella Sticks 🍷  
Green Beans  
Peanut Butter & Jelly Sandwich 🍌  
Celery  
Strawberry Cup  
1% Milk



29 Soft Tacos  
Baked Beans  
Bagel with String Cheese 🍌  
Fresh Baby Carrots  
Fresh Apple  
1% Milk

30 Crispy Chicken Sandwich  
Steamed Carrots  
Bagel Lunch 🍌  
Cucumber Coins  
Diced Peaches  
1% Milk

### HARVEST of the MONTH

Whitsons proudly supports clean, sustainable agriculture! We also focus on using ingredients that are locally sourced, all-natural, organic and non-GMO whenever possible.



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### LUNCH PRICES

All STUDENTS \$2.85  
Adult-\$5.02 plus tax

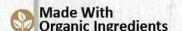
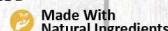
Prepaid available

[www.myschoolbucks.com](http://www.myschoolbucks.com)

or in the Cafeteria

by cash or check made out to

TVCS



Available Daily

\*Fresh Fruit and Canned Fruit options available daily.  
\*Fat Free Chocolate Milk, skim or 1% White Milk  
Contact FSD Daisy Padua at [padua@whitsons.com](mailto:padua@whitsons.com) with Questions or Concerns.





# Welcome to our Breakfast Cafe



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THE HUMANE SOCIETY OF THE UNITED STATES

## November 2022

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1 Whole Grain Bagel with Cream Cheese  
 Strawberry Nutri-Grain Bar  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

2 Bacon, Egg and Cheese Breakfast Sandwich  
 Reduced Sugar Trix  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

3 Strawberry Pop Tart  
 Cinnamon Toast Crunch Cereal  
 100% Apple Juice  
 1% Milk

4 Whole Grain Bagel with Cream Cheese  
 Cheerios Cereal  
 Fresh Banana  
 100% Apple Juice  
 1% Milk

7 Apple Cinnamon Muffin  
 Cinnamon Toast Crunch Cereal  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

8 Fluffy Whole Grain Waffles  
 Reduced Sugar Trix  
 Fresh Banana  
 100% Apple Juice  
 1% Milk

9 Sausage, Egg & Cheese Burrito\*  
 Cheerios Cereal  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

10 Strawberry Nutri-Grain Bar  
 Cheerios Cereal  
 Fresh Banana  
 100% Apple Grape Juice  
 1% Milk



14 WG Banana Muffin  
 Strawberry Nutri-Grain Bar  
 Fresh Apple  
 100% Apple Juice  
 1% Milk

15 Strawberry Nutri-Grain Bar  
 Cheerios Cereal  
 Fresh Apple  
 100% Apple Juice  
 1% Milk

16 Bacon, Egg and Cheese Breakfast Sandwich  
 Reduced Sugar Trix  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

17 Strawberry Pop Tart  
 Reduced Sugar Trix  
 Fresh Banana  
 100% Apple Grape Juice  
 1% Milk

18 Whole Grain Bagel with Cream Cheese  
 Strawberry Nutri-Grain Bar  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

21 WG Blueberry Muffin  
 Cinnamon Toast Crunch Cereal  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

22 Strawberry Nutri-Grain Bar  
 Cheerios Cereal  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

23 **SCHOOL CLOSED TODAY**



25 **SCHOOL CLOSED TODAY**

28 WG Chocolate Chip Muffin  
 Cheerios Cereal  
 Fresh Apple  
 100% Apple Juice  
 1% Milk

29 Whole Grain Bagel with Cream Cheese  
 Strawberry Nutri-Grain Bar  
 Fresh Apple  
 100% Apple Juice  
 1% Milk

30 Bacon, Egg and Cheese Breakfast Sandwich  
 Reduced Sugar Trix  
 Fresh Orange  
 100% Apple Juice  
 1% Milk

## FUEL YOUR DAY THE RIGHT WAY. EAT A HEALTHY BREAKFAST!



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### Breakfast Price

STUDENTS \$1.95

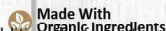
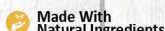
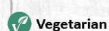
Adults \$3 plus tax

Breakfast is served in the cafeteria between the hours of 7:20am and 8:00am

### Available Daily

Whole grain bagels w/ low fat cream cheese  
 Assorted Yogurt, Assorted Muffins, Assorted Whole Grain Reduced Sugar Cereals with crackers.  
 All served with low fat milk, assorted juices and fresh fruit of the day.

Any questions please email Daisy Padua at [Padua@whitsons.com](mailto:Padua@whitsons.com)







# Welcome to our Lunch Cafe

## Tri-Valley TV Secondary

November 2022

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### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1 Soft Tacos  
Sweet Corn  
Cucumber Coins  
Fresh Orange  
1% Milk

National Author's Day!!

2 Popcorn Chicken with Fries  
Glazed Carrots  
Chilled Red Pepper Strips  
Fresh Green Grapes  
1% Milk

3 Roasted Turkey with Gravy  
Fluffy Mashed Potatoes  
Buttered Corn  
Fresh Baby Carrots  
Fresh Apple  
1% Milk

4 BBQ Pulled Pork Sandwich   
Green Beans  
Celery Sticks  
Fresh Banana  
1% Milk

7 Mozzarella Sticks  
*crispy mozzarella sticks filled with gooey cheese, perfect for dipping into your favorite sauce*

Steamed Carrots  
Celery  
Cinnamon Applesauce  
1% Milk

8 Walking Taco  
Brown Rice Pilaf  
Buttered Corn  
Cucumber Coins  
Diced Pear Cup  
1% Milk

9 Meatball Hero  
Green Beans  
Fresh Baby Carrots  
Fresh Pear  
1% Milk

10 Baked Chicken  
Rice & Beans  
Green Pepper Slices  
Fresh Banana  
1% Milk

11

National Sundae Day!!

14 Cheesy Stuffed Bread Sticks   
Steamed Peas  
Fresh Baby Carrots  
Diced Peaches  
1% Milk

National Family PJ Day!!

15 Nachos Grande  
Brown Rice  
Garbanzo Beans  
Celery Sticks  
Fresh Apple  
1% Milk

16 Chicken Sandwich  
Steamed Carrots  
Cucumber Coins  
Diced Pear Cup  
1% Milk

17 Homemade Pasta & Meatballs   
Green Beans  
Carrot Dippers  
Fresh Banana  
1% Milk

18 Chicken Nuggets  
Oven Baked Fries  
Steamed Broccoli  
Chilled Red Pepper Strips  
Fresh Orange  
1% Milk

21 Homemade Mac & Trees   
Fresh Baby Carrots  
Fresh Apple  
1% Milk

22 Chicken Bowl with Gravy   
Fluffy Mashed Potatoes  
Buttered Corn  
Celery Sticks  
Strawberry Cup  
1% Milk

23

National Eat a Cranberry Day!!

24

25

28 Cinnamon French Toast   
Egg Patty  
Fresh Baby Carrots  
Cinnamon Applesauce  
1% Milk

National French Toast Day!!

29 Pork Tacos with Toppings   
Fiesta Corn  
Cucumber Coins  
Fresh Green Grapes  
1% Milk

30 Chicken Club Sandwich   
Green Beans  
Chickpea Salad  
Plums  
1% Milk

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### LUNCH PRICES

Students \$2.90

Adult - \$5.02 plus tax

Prepaid Available

[www.myschoolbucks.com](http://www.myschoolbucks.com)

or in the cafeteria

by Cash or Check

### AVAILABLE DAILY

Great American Deli- Premium Ham, Turkey, Salami, Bologna,

Provolone or American Cheese on whole Grain Bread

La Cucina- Cheese Pizza or specialty of the day.

Miss Ruby's- Burgers and Chicken patty on Whole grain Buns.

Fruit Express- PB&J, Asst. Salads, Yogurt Parfaits..

Lunch Includes- Entree, Vegetable Choice, Fruit & Milk.

**Any questions please email Daisy Padua at**

**[padua@whitsons.com](mailto:padua@whitsons.com)**

